Manitoba Native Orchids Compendium

Orchids of the Sandilands Provincial Forest and the surrounding area

Latin Name	Common Name	Blooming date	Occurrence **
Amerorchis rotundifolia	Small round leaved bog orchid	June	frequent
Arethusa bulbosa	Dragon's-mouth	mid June to early July	occasional
Calopogon tuberosus	Grass-pink	late June to late July	occasional
Calypso bulbosa	Eastern fairy-slipper	mid May to early June	rare
Coeloglossum viride var. virescens	Long bracted green orchid	late May to early June	frequent in localized areas
Corallorhiza maculata var. maculata	Spotted coralroot	late June to mid July	occasional
Corallorhiza striata	Striped coralroot	late May to mid June	frequent
Corallorhiza trifida	Early coralroot	late May to early July	frequent
Cypripedium acaule	Pink lady's-slipper	late May through June	frequent in localized areas
Cypripedium arietinum	Ram's-head lady's-slipper	late May to late June	rare
Cypripedium parviflorum var. pubescens	Large yellow lady's-slipper	early June to early July	common
Cypripedium parviflorum var. makasin	Northern small yellow lady's- slipper	late May to mid June	common
Cypripedium reginae	Showy lady's-slipper	late June to mid July	common
Goodyera repens	Lesser rattlesnake orchid	mid July to mid August	occasional
Goodyera tesselata	Checkered rattlesnake orchid	through July	frequent in localized areas
Liparis loeselii	Loesel's twayblade	mid June to late July	occasional
Listera cordata	Heart-leaved twayblade	mid June to mid July	occasional
Malaxis unifolia	Green adder's-mouth	early July to mid August	occasional
Platanthera aquilonis	Northern green bog orchid	late June to early August	common
Platanthera dilatata var. dilatata	Tall white northern bog orchid	mid June to early August	occasional
Platanthera hookeri	Hooker's orchid	late May to mid June	occasional in localized areas
Platanthera huronensis	Green bog orchid	late June to early July	common
Platanthera lacera	Green fringed orchid; ragged orchid	early July to early August	rare
Platanthera obtusata	Blunt-leaved rein orchid	mid June to late July	occasional
Platanthera orbiculata	Pad-leaved orchid	through July	occasional
Pogonia ophioglossoides	Rose pogonia	late June to late July	frequent in a few localized areas
Spiranthes lacera var. lacera	Northern slender ladies'-tresses	late June to early	occasional in localized areas

		August	
Spiranthes romanzoffiana	Hooded ladies'-tresses	mid July to mid August	frequent

** Occurrence

Common: expect to find this in most places within an area - don't have to look to hard to find it.

Frequent: expect to find it in most places within the area - but you will have to look to find it.

Occasional: scattered throughout the area - but not in any numbers - you may have to know the preferred habitat

to find it.

Rare: expect to spend a substantial amount of time in preferred habitat to find this one.

Very rare: lady luck will have to be with you on this - even in the preferred habitat.